

The Murrayfield Club
The Murrayfield Dementia Project SCO 23210

A member of the congregation recently asked “What is the Murrayfield Club?”

This made me think of how many other people in our congregation are unsure of our existence.

Who we are:

The Murrayfield Club is a safe, stimulating, supportive, fun place for older members of our community. It began in November 1990 as a small, local voluntary organisation, with the aim of providing a day service catering for the individual needs of the frail older people and those with Dementia in the North West district of Edinburgh, including the Murrayfield, Roseburn, Saughtonhall and Corstorphine areas.

The project is core-funded by the City of Edinburgh Health and Social Care Department with a great deal of support also provided by Murrayfield Churches Together, and supplemented by additional funds raised each year from donors and various social events.

We are a registered Scottish Charity supervised by Trustees from the three churches as a Management Committee. We employ two Senior Day Care Workers and two part time Care Workers, who have responsibility for the project and are assisted by an invaluable group of talented volunteers (all of whom are vetted under Disclosure Scotland). We also provide information and advice to those in a caring role.



L-R Laura Edwards, Kerry Shott, Karen Avey, Eleanor Watson

What we do:

The underlying philosophy of the club is to create an environment in which members feel safe, comfortable and at home and to allow older people to remain longer in the community and enable them to move on to other services as and when appropriate.

We meet 3 days a week, Tuesday, Thursday and Friday. Each member can be collected from home either by mini- bus (equipped with a lift) or by a volunteer driver and escort and returned home the same way at the end of the day.

We offer a varied programme of mental and physical activities in the morning and afternoon that provides stimulation, fun, social interaction and promotes a healthy lifestyle.

Activities can consist of singing, quizzes, reminiscence, literature, board games, art and craft and entertainment from local musical groups and local schools. Occasionally, in the spring and summer months, we take trips to local points of interest including the National Portrait Gallery, The Seagull Trust Barge and South Queensferry.

We are very fortunate that we employ an in house cook who is very aware of the nutritional value of food and changes the menu to suit the seasons. We offer morning tea/coffee and home baking and at midday members, volunteers and staff sit together for a two course lunch, encouraging further interaction as often this is the only time some of our members share a meal with anyone.

We also offer a monthly act of Christian worship conducted by the ministry team of MCT and clients and volunteers are invited to participate as little or as much as they want.

How to become a member:

There is a recognised admission procedure, a person may be recommended to the club through Social Care Direct/Social Workers, their GP or one of the ministers from the Churches Together group.

The person's details are then given to the City Council's Social Work Department following Data Protection procedures.

We, at the Club, will then organise a meeting with the potential member and carer in order to assess whether the Murrayfield Club can meet all of an individual's needs and whether or not the service that we provide would be suitable. We are not registered with the Care Commission and therefore unable to provide regular personal care for clients.

If you would like any more information then please don't hesitate to contact us via:

E-mail: murrayfield.club@btconnect.com

or Telephone 07881288909

Or if you prefer, we invite you to join us any Tuesday, Thursday or Friday morning for a coffee where you will receive a very warm welcome from staff, volunteers and especially our members who always like to see new faces.

May Lindsay,
Secretary to the Trustees.